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To Whom It May Concern:

I am been a DARE (Drug Abuse Resistance Education) Officer in the Town of Norfolk for the last 25 years. I had the opportunity to view Rich Barnes over the past two years at our DARE to Dream Summer Day Program for our eighth grade participants. Rich's program was very powerful and carried a strong message throughout. He spoke about his addiction which deterred many years of his life. One of the messages that came through loud and clear was the consequences of the lifestyle that he was leading. Rich is very captivating and will answer any question any student has. I would highly recommend Rich making an appearance at your school.

Respectfully,

Officer Stephen K Plympton

DARE to Dream Summer Coordinator

Norfolk Police Department



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